

Welcome to Alexforbes Healthcare Consulting

Connect with healthcare that has impact.

Alexforbes is appointed by Nedbank as independent healthcare consultants. Our role is to help you:

Choose a medical scheme that is best suited to your unique needs

Access highly skilled consultants who will clarify your benefits and **escalate** unresolved medical scheme queries

Liaise with your medical scheme on your behalf to make sure you are treated fairly and correctly, based on your benefit entitlements

We are there for you when your circumstances change

- Planning a family or getting married
- Being diagnosed with a chronic condition or illness
- Being retrenched or retiring

We are **there for you** when you need help understanding important terminology



Prescribed minimum benefits
Designated service providers



Waiting periods
Chronic medication and formularies



Exclusions and late joiner penalties
Co-payments, deductibles and shortfalls



Alexander Forbes Health is currently the largest healthcare consultancy in South Africa

Our service comes at no additional cost to you, as broker commission is automatically included in all medical scheme premiums.

We therefore invite you to contact your dedicated Nedbank consultant on 011 269 1414 or on email nedbank@alexforbes.com.

Scheme contact details:

Bestmed 086 000 2378
service@bestmed.co.za

Bonitas 0860 002 108
queries@bonitas.co.za

Discovery 0860 99 88 77
healthinfo@discovery.co.za

Call centres hours from 08h00 - 16h30 (Monday to Friday)

Call us on 011 269 2690 or 0860 100 666. SMS medical aid to 31768 and we will call you back.

Email: hcclientservices@alexforbes.com

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