

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

DISCOVERY HEALTH MEDICAL SCHEME
2023





Chronic Illness Benefit medicine list (formulary) 2023

DISCLAIMER

The information contained in this document may be subject to change. The Chronic Illness Benefit (CIB) and the utilisation of the benefits and programmes associated with the Chronic Illness Benefit is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The scheme rules are available on our website at www.discovery.co.za under Medical Aid > About Discovery Health Medical Scheme.

Any instruction or advice we give about medicines and the management of your condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional. You may need to get your medicine from a designated service provider (DSP) to avoid a 20% co-payment. Visit www.discovery.co.za under Medical Aid > Find a doctor or click on Find a provider in the Discovery app to find providers in our network.

Discovery Health Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay medicines when we make these. The latest version is always available on our website at www.discovery.co.za under Medical Aid > Manage your health plan > Find important documents and certificates.

About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
Active ingredient	This is the main substance in a medicine that is responsible for the clinical action on a human body.
Benefit year	A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for this benefit year only.
Chronic Disease List (CDL)	A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.
Chronic Drug Amount (CDA)	Discovery Health Medical Scheme pays up to a monthly amount for a medicine class subject to the member's plan type. This applies to medicine that is not listed on the formulary or medicine list. The Chronic Drug Amount does not apply to the Smart and KeyCare plans. On these plans we cover up to the Generic Reference Price (GRP), which is up to the lowest cost medicine of the same kind on our medicine list for the condition.
Co-payment	This is an amount that you need to pay towards a healthcare service. The amount can vary by the type of covered healthcare service, place of service or if the amount the service provider charges is higher than the rate we cover.
Emergency medical condition	An emergency medical condition, also referred to as an emergency, is the sudden and, at the time unexpected onset of a health condition that requires immediate medical and surgical treatment. Failure to provide medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part or would place the person's life in serious jeopardy. An emergency does not necessarily require a hospital admission. We may ask you for additional information to confirm the emergency.
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.
NAPPI Code	This is a unique identifier for a given medicine, surgical or consumable product.
Prescribed Minimum Benefits (PMBs)	In terms of the Medical Schemes Act of 1998 (Act No. 131 of 1998) and its Regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of: <ul style="list-style-type: none"> ▪ An emergency medical condition ▪ A defined list of 271 diagnoses ▪ A defined list of 27 chronic conditions. To access Prescribed Minimum Benefits (PMBs), there are rules that apply:



TERMINOLOGY	DESCRIPTION
Prescribed Minimum Benefits (PMBs)	<ul style="list-style-type: none">▪ Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit (PMB) conditions.▪ The treatment needed must match the treatments in the defined benefits.▪ You must use designated service providers (DSPs) in our network. This does not apply in emergencies. However, even in these cases, where appropriate and according to the rules of the Scheme, you may be transferred to a hospital or other service providers in our network, once your condition has stabilised. If you do not use a DSP we will pay up to 80% of the Discovery Health Rate (DHR). You will be responsible for the difference between what we pay and the actual cost of your treatment. <p>If your treatment doesn't meet the above criteria, we will pay according to your plan benefits.</p>



The Prescribed Minimum Benefits (PMBs) Chronic Disease List (CDL) medicine list for all plan types

The PMB CDL medicine list applies to all Discovery Health Medical Scheme plans for the 2023 benefit year. The Chronic Drug Amount (CDA) **does not apply** to the KeyCare and Smart plans.

CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Addison's disease	R215	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R120	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Only Executive and Comprehensive plans)
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 320/9mcg (Only Executive and Comprehensive plans)
					Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 120 dose 160/4.5mcg (Only Executive and Comprehensive plans)
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only Executive and Comprehensive plans)
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
					Beclate 200 dose 50mcg; 100mcg; 200mcg
					Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
Budesonide				Budeflam HFA 300 dose 100mcg; 200mcg	
				Pulmicort turbuhaler 200 dose 200mcg	
Ciclesonide	Ciclovent 60 dose 80mcg; 160mcg (Only Executive and Comprehensive plans)				
R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500 (Not available on KeyCare plans)	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH			
Asthma	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/500 (Only Executive and Comprehensive plans)			
					Sereflo DPI 60 dose 50/100; 50/250 (Not available on KeyCare plans)			
					Sereflo HFA 120 dose 25/50			
					Sereflo HFA 120 dose 25/125; 25/250 (Not available on KeyCare plans)			
					Sereflo HFA synchrobreathe 120 dose 25/50			
					Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 (Not available on KeyCare plans)			
	R240	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Only Executive and Comprehensive plans)			
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg			
					Panafcort 5mg			
Trolic 5mg								
Bipolar mood disorder	R110	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg			
					Citalopram 20 Oethmaan 20mg			
					Depramil 20mg			
					Recita 20mg			
				Escitalopram	Accord Escitalopram 10mg; 20mg			
					Dolin 10mg; 20mg			
					Emerdyne 10mg; 20mg			
					Esetam 10mg; 20mg			
				Fluoxetine	Deprozan 20mg			
					Fluoxetine 20 Oethmaan 20mg			
					Prolax 20mg			
				Sertraline	Dyna Sertraline 50mg; 100mg			
					Serliffe 50mg; 100mg			
				R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
								Tegretol CR 200mg; 400mg
Zeptol 200mg								
R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg				



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Bipolar mood disorder	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex syrup 250mg/5ml
					Epilim crushable 100mg
					Epilim sugar-free syrup 200mg/5ml
					Eprolep CR 200mg; 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
					Epitec 25mg; 50mg; 100mg; 200mg
					Girotec 50mg; 100mg; 200mg
					Serinem 25mg; 50mg; 100mg; 200mg
	R160	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
					Clozapine Oethmaan 25mg; 100mg
	R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Nezolap 5mg; 10mg
					Oleanz 5mg; 10mg
					Olexar 5mg; 10mg
					Zolanz 5mg; 10mg
					Zylena 5mg; 10mg
	R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
Dopaquel 25mg; 100mg; 200mg; 300mg					
Mylan Quetiapine 25mg; 100mg; 200mg; 300mg					
Psyquet 25mg; 100mg; 200mg; 300mg					
Quesara 25mg; 100mg; 200mg; 300mg					
Truvalin 25mg; 100mg; 200mg; 300mg					
Zimbiquet 25mg; 100mg; 200mg; 300mg					



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Bipolar mood disorder	R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
					Fluanxol depot 1ml 20mg
				Zuclopenthixol	Clopixol 2mg; 10mg
					Clopixol depot 200mg
	R270	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
					Abipip ODT 10mg; 15mg
					Apripent 5mg; 10mg; 15mg
					Aprizon 5mg; 10mg; 15mg
					Aridus 10mg; 15mg
					Aripiprazole Mylan 5mg; 10mg; 15mg
					Aripiprazole Teva 5mg; 10mg; 15mg
					Arizofy 5mg; 10mg; 15mg
					Priptrin 10mg; 15mg
					Radzil 5mg; 10mg; 15mg
	Thryve 5mg; 10mg				
R360	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispide 0.5mg; 1mg; 2mg	
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
				Zoxadon ODT 0.5mg; 1mg; 2mg	
Bronchiectasis	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
					R20
	Panafcort 5mg				
	Trolic 5mg				
Cardiac failure	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics 20/12.5mg	
				Lisinopril and diuretics 10/12.5mg; 20/12.5mg	
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiac failure	R80	R90	ACE inhibitors and diuretics	Lisinopril and diuretics	Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg; 8/2.5mg
					Perindopril co Unicorn 4/1.25mg
					Prexum 5 Plus 5/1.25mg
					Prexum 10 Plus 10/2.5mg (Not available on KeyCare plans)
					Spec-Perindopril Plus 4/1.25mg
					Trexeva Plus 5/1.25mg
	Vectoryl Plus 4/1.25mg				
	R180	R190	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on KeyCare plans)
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 5mg; 10mg; 20mg
					Hypace 5mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
					Austell-Lisinopril 10mg; 20mg
					Liso 5mg; 10mg; 20mg
Lizro 5mg; 10mg; 20mg					
Sinopren 5mg; 10mg; 20mg					
Perindopril				Ciplasyl 4mg (Not available on KeyCare plans)	
				Circator 4mg; 8mg (Not available on KeyCare plans)	
				Pearinda 4mg; 8mg (Not available on KeyCare plans)	
				Perindopril Unicorn 4mg; 8mg (Not available on KeyCare plans)	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiac failure	R65	R75	ACE inhibitors: Plain	Perindopril	Prexum 10mg (Not available on KeyCare plans)
					Ran-Perindopril 4mg (Not available on KeyCare plans)
					Reprex 4mg; 8mg
					Spec-Perindopril 4mg; 8mg (Not available on KeyCare plans)
					Vectoryl 4mg; 8mg (Not available on KeyCare plans)
					Zyace 4mg (Not available on KeyCare plans)
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
					Rubitrend 12.5mg; 25mg
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Hylokat 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losartan comp Biotech 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)					
Valsartan and diuretics				Regoval co 160/25mg (Only Executive and Comprehensive plans)	
R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on KeyCare plans)	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiac failure	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg (Not available on KeyCare plans)
					Losartan
				Austell Losartan 50mg; 100mg	
				Losartan Accord 50mg; 100mg (Not available on KeyCare plans)	
				Losartan Macleods 50mg; 100mg (Not available on KeyCare plans)	
				Zaario 50mg; 100mg (Not available on KeyCare plans)	
				Zartan 50mg; 100mg (Only Executive and Comprehensive plans)	
				Valsartan	Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans)
					Niosar 80mg; 160mg (Not available on KeyCare plans)
					Regoval 80mg; 160mg (Only Executive and Comprehensive plans)
	Vasovan 80mg; 160mg (Only Executive and Comprehensive plans)				
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R60	R70	Beta blocking agents: Selective	Bisoprolol	Bisbeta 5mg; 10mg
					Emcor 5mg; 10mg
Presicard 5mg; 10mg					
R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg	
				Dino-Retic 40mg	
				Diuresix 40mg	
				Furobe 40mg	
R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
				Ridaq 12.5mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH		
Cardiac failure	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax	2.5mg	
					Catexan	2.5mg	
					Cipla-Indapamide	2.5mg	
	R120	R120	Potassium sparing agents	Spironolactone	Spiractin	25mg	
					R110	R110	Potassium supplements
	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg	
					Isosorbide mononitrate	Ismo	20mg
					Monicor SR	60mg	
	R145	R145	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml		
					Influvac tetra single dose 0.5ml pre-filled syringe		
					Vaxigrip tetra single dose 0.5ml pre-filled syringe		
	R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml		
	Cardiomyopathy	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co	20/12.5mg
Lisinopril and diuretics						Adco-Zetomax co	10/12.5mg; 20/12.5mg
						Lisinopril co Unicorn	10/12.5mg; 20/12.5mg
						Lisoretic	10/12.5mg; 20/12.5mg
					Lisozide	10/12.5mg; 20/12.5mg	
Perindopril and diuretics					Ciplasyl Plus	4/1.25mg	
					Circator Plus	4/1.25mg	
					Pearinda Plus	4/1.25mg; 8/2.5mg	
					Perindopril co Unicorn	4/1.25mg	
					Prexum 5 Plus	5/1.25mg	
					Prexum 10 Plus (Not available on KeyCare plans)	10/2.5mg	
					Spec-Perindopril Plus	4/1.25mg	
					Trexeva Plus	5/1.25mg	
	Vectoryl Plus	4/1.25mg					



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiomyopathy	R180	R190	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on KeyCare plans)
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 5mg; 10mg; 20mg
					Hypace 5mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
					Austell-Lisinopril 10mg; 20mg
					Liso 5mg; 10mg; 20mg
					Lizro 5mg; 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg (Not available on KeyCare plans)
					Circator 4mg; 8mg (Not available on KeyCare plans)
					Pearinda 4mg; 8mg (Not available on KeyCare plans)
					Perindopril Unicorn 4mg; 8mg (Not available on KeyCare plans)
					Prexum 10mg (Not available on KeyCare plans)
					Ran-Perindopril 4mg (Not available on KeyCare plans)
					Reprex 4mg; 8mg
					Spec-Perindopril 4mg; 8mg (Not available on KeyCare plans)
					Vectoryl 4mg; 8mg (Not available on KeyCare plans)
	Zyace 4mg (Not available on KeyCare plans)				
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
Carvetrend 6.25mg; 12.5mg; 25mg					
Rubitrend 12.5mg; 25mg					



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiomyopathy	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Hylokat 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losartan comp Biotech 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
	Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)				
	Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)				
	Valsartan and diuretics	Regoval co 160/25mg (Only Executive and Comprehensive plans)			
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on KeyCare plans)
					Trobet 150mg; 300mg (Not available on KeyCare plans)
				Losartan	Annin 50mg; 100mg
					Austell Losartan 50mg; 100mg
					Losartan Accord 50mg; 100mg (Not available on KeyCare plans)
					Losartan Macleods 50mg; 100mg (Not available on KeyCare plans)
Zaario 50mg; 100mg (Not available on KeyCare plans)					
Zartan 50mg; 100mg (Only Executive and Comprehensive plans)					
Valsartan				Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans)	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiomyopathy	R75	R110	Angiotensin II antagonists: Plain	Valsartan	Niosar 80mg; 160mg (Not available on KeyCare plans)
					Regoval 80mg; 160mg (Only Executive and Comprehensive plans)
					Vasovan 80mg; 160mg (Only Executive and Comprehensive plans)
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R60	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Emcor 5mg; 10mg
					Presicard 5mg; 10mg
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
Dino-Retic 40mg					
Diuresix 40mg					
Furobe 40mg					
R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
				Ridaq 12.5mg	
R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
				Catexan 2.5mg	
				Cipla-Indapamide 2.5mg	
R120	R120	Potassium sparing agents	Spirolactone	Spiractin 25mg	
R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
				Ultipot 600mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Cardiomyopathy	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
				Isosorbide mononitrate	Ismo 20mg	
					Monicor SR 60mg	
	R145	R145	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
					Influvac tetra single dose 0.5ml pre-filled syringe	
					Vaxigrip tetra single dose 0.5ml pre-filled syringe	
	R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml	
	Chronic obstructive pulmonary disease (COPD)	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
						Ventimax CFC free 200 dose 100mcg
R120		R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg	
R260		R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
R886		R886	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)	
R20		R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
					Panafcort 5mg	
					Trolic 5mg	
R145		R145	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
					Influvac tetra single dose 0.5ml pre-filled syringe	
	Vaxigrip tetra single dose 0.5ml pre-filled syringe					
Chronic renal disease	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
					Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
						Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
						Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg		
				Perindopril and diuretics	Ciplasyl Plus 4/1.25mg	
					Circator Plus 4/1.25mg	
					Pearinda Plus 4/1.25mg; 8/2.5mg	
					Perindopril co Unicorn 4/1.25mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic renal disease	R80	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Prexum 5 Plus 5/1.25mg
					Prexum 10 Plus 10/2.5mg (Not available on KeyCare plans)
					Spec-Perindopril Plus 4/1.25mg
					Trexeva Plus 5/1.25mg
					Vectoryl Plus 4/1.25mg
	R180	R190	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on KeyCare plans)
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 5mg; 10mg; 20mg
					Hypace 5mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
					Austell-Lisinopril 10mg; 20mg
					Liso 5mg; 10mg; 20mg
					Lizro 5mg; 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg (Not available on KeyCare plans)
					Circator 4mg; 8mg (Not available on KeyCare plans)
					Pearinda 4mg; 8mg (Not available on KeyCare plans)
					Perindopril Unicorn 4mg; 8mg (Not available on KeyCare plans)
					Prexum 10mg (Not available on KeyCare plans)
	Ran-Perindopril 4mg (Not available on KeyCare plans)				
	Reprex 4mg; 8mg				
Spec-Perindopril 4mg; 8mg (Not available on KeyCare plans)					



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic renal disease	R65	R75	ACE inhibitors: Plain	Perindopril	Vectoryl 4mg; 8mg (Not available on KeyCare plans)
					Zyace 4mg (Not available on KeyCare plans)
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Hylokat 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losartan comp Biotech 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
	Valsartan and diuretics	Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)			
		Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)			
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Regoval co 160/25mg (Only Executive and Comprehensive plans)
					Jubitan 150mg; 300mg (Not available on KeyCare plans)
				Losartan	Trobet 150mg; 300mg (Not available on KeyCare plans)
Annin 50mg; 100mg					
Austell Losartan 50mg; 100mg					
Losartan Accord 50mg; 100mg (Not available on KeyCare plans)					
Losartan Macleods 50mg; 100mg (Not available on KeyCare plans)					
Zaario 50mg; 100mg (Not available on KeyCare plans)					
Zartan 50mg; 100mg (Only Executive and Comprehensive plans)					



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic renal disease	R75	R110	Angiotensin II antagonists: Plain	Valsartan	Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans)
					Niosar 80mg; 160mg (Not available on KeyCare plans)
					Regoval 80mg; 160mg (Only Executive and Comprehensive plans)
					Vasovan 80mg; 160mg (Only Executive and Comprehensive plans)
	R60	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Emcor 5mg; 10mg
					Presicard 5mg; 10mg
	R300	R300	Calcium supplements	Calcium carbonate	B-cal
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 5mg
	R50	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg
	R535	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
					Equifer ampoule 5ml 100mg/5ml
Innofer ampoule 5ml 100mg/5ml					
Rautevene ampoule 5ml 100mg/5ml					
Zypiron vial 5ml 100mg/5ml					
R3 340	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml	
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml	
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml	
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml	
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml	
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml	
				Aranesp pre-filled syringe 0.4ml 80mcg/0.4ml	
				Aranesp pre-filled syringe 0.5ml 100mcg/0.5ml	
			Erythropoietin	Eprex pre-fill 2000U/0.5ml	
				Eprex pre-fill 4000U/0.4ml	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic renal disease	R3 340	R3 340	Other anti-anaemic preparations	Erythropoietin	Repotin ampoule 1ml 2000U; 4000U
				Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml (Not available on KeyCare plans)
					Mircera pre-filled syringe 0.3ml 75mcg/0.3ml (Not available on KeyCare plans)
					Mircera pre-filled syringe 0.3ml 100mcg/0.3ml (Not available on KeyCare plans)
					Mircera pre-filled syringe 0.3ml 120mcg/0.3ml (Not available on KeyCare plans)
					Mircera pre-filled syringe 0.3ml 150mcg/0.3ml (Not available on KeyCare plans)
					Mircera pre-filled syringe 0.3ml 200mcg/0.3ml (Not available on KeyCare plans)
	Mircera pre-filled syringe 0.3ml 250mcg/0.3ml (Not available on KeyCare plans)				
R365	R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg	
Coronary artery disease	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg	
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Emcor 5mg; 10mg
	R245	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
				Verapamil	Verahexal 240 SR 240mg
					Verapamil 40 Oethmaan 40mg
	R90	R90	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
Amlodac 5mg; 10mg					
Amlodipine Unicorn 5mg; 10mg					
Amtas 5mg; 10mg					



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Coronary artery disease	R90	R90	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Aprate	5mg; 10mg
					Austell-Amlodipine	5mg; 10mg
					Besyloc	5mg; 10mg
					Ciplavasc	5mg; 10mg
					Lomanor	5mg; 10mg
				Felodipine	Felodipine Kiara	5mg; 10mg (Only Executive and Comprehensive plans)
				Nifedipine	Cipalat Retard	20mg
					Cipalat XR	30mg, 60mg (Not available on KeyCare plans)
					Fedaloc SR	30mg, 60mg (Not available on KeyCare plans)
					Fidocare XL	30mg, 60mg (Not available on KeyCare plans)
	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg
				Isosorbide mononitrate	Ismo	20mg
Monicor SR					60mg	
Crohn's disease	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
					Folic acid	5mg
	R980	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol	400mg; 800mg (Not available on KeyCare plans)
					Asacol suppository	500mg (Not available on KeyCare plans)
					Mezavant	1200mg
					Pentasa	500mg
					Pentasa suppository	1000mg (Not available on KeyCare plans)
				Sulfasalazine	Salazopyrin	500mg
					Salazopyrin EN	500mg
	R1 940	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema	0.02mg/1ml (Only Executive and Comprehensive plans)



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH				
Crohn's disease	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg				
					Azathioprine PCH 50mg				
					Imuran 50mg (Only Executive and Comprehensive plans)				
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg				
					R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
									Panafcort 5mg
Trolic 5mg									
Diabetes insipidus	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg				
					Ddavn nasal spray 5ml 0.1mg/1ml				
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for Priority, Core and Saver plans is R700. The overall monthly limit for Executive and Comprehensive plans is R720.								
	R445	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml (Not available on KeyCare plans)				
					Novorapid - penfill 3ml (Not available on KeyCare plans)				
					Insulin Glulisine	Apidra - cartridge 3ml			
					Insulin Lispro	Humalog - cartridge 3ml (Not available on KeyCare plans)			
	R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyl 30/70 - cartridge 3ml				
					Ryzodeg - penfil 3ml (Only Executive and Comprehensive plans)				
				Insulin Lispro	Humalog mix 25 - cartridge 3ml				
					Humalog mix 50 - cartridge 3ml				
	R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml				
				Insulin Glargine	Optisulin - cartridge 3ml				
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg				
					Myoprin 100mg				
R200	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active (Not available on KeyCare plans)					



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 1	R200	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose instant (Not available on KeyCare plans)
					Glucocheck key test strip
					Glucocheck test strip (Not available on KeyCare plans)
					Onetouch select plus test strips
					Test strip blood glucose clicks bionime gs550
					Test strip freestyle optimum glucose (Not available on KeyCare plans)
					Test strip glucocheck connectt (Not available on KeyCare plans)
					Test strip glucose blood fora 6 (Not available on KeyCare plans)
					Test strip glucose caresens n 29g (Not available on KeyCare plans)
					Test strip glucose contour plus (Not available on KeyCare plans)
					Test strip glucose contour ts (Not available on KeyCare plans)
					Test strip glucose fora diamond blood
	Test strip glucose vivachek ino				
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
					Lancet fora tender needle sterile 33g
					Lancet freestyle test
					Lancet glucocheck novicheck
					Lancet solus v2
					Lancet unilet sterile 28g
Lancet unilet sterile 4cm x 6cm x 7.5cm 28g					
Microlet lancet					
Needles	BD micro fine plus pen needle 30g 8mm				
	BD micro fine plus pen needle 31g				
	BD micro fine plus pen needle 32g 4mm				
	Droplet pen needle 8mm 31g				



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 1	R350	R350	Surgical item	Needles	Needle insulin fora pen 31g 5mm
					Needle insulin fora pen 31g 8mm
					Needle insulin fora pen 32g 4mm
					Needle insulin fora pen 32g 6mm
					Needle insulin pen verifine 4mmx10cmx15cm 32g
					Needle insulin pen verifine 4mmx10cmx15cm 33g
					Needle novofine
				Syringes	Syringe insulin 1.0ml with 27g needle
					Syringe insulin bd microfine 12.7mm 1ml 9g
					Syringe insulin bd microfine 1ml 8mm 30g
Syringe insulin bd microfine 8mm demi 0.3ml 30g					
Diabetes mellitus Type 2	R65	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
					Apex-Metformin 500mg
					Austell-Metformin 500mg; 850mg
					Diaphage 500mg; 850mg; 1000mg
					Gluconorm 500mg; 850mg
					Mylan Metformin 500mg; 850mg; 1000mg
					Romidab 500mg; 850mg; 1000mg
					<p>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for Priority, Core and Saver plans is R700. The overall monthly limit for Executive and Comprehensive plans is R720.</p>
R445	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml (Only Executive and Comprehensive plans)	
				Novorapid - penfill 3ml (Not available on KeyCare plans)	
			Insulin Glulisine	Apidra - cartridge 3ml	
			Insulin Lispro	Humalog - cartridge 3ml (Not available on KeyCare plans)	
R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyl 30/70 - cartridge 3ml	
				Ryzodeg - penfil 3ml (Only Executive and Comprehensive plans)	
			Insulin Lispro	Humalog mix 25 - cartridge 3ml	
				Humalog mix 50 - cartridge 3ml	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Diabetes mellitus Type 2	R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
				Insulin Glargine	Optisulin - cartridge 3ml	
	R140	R140	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagen MR	60mg
					Diagluclide MR	60mg
					Diaran MR	30mg
					Dynacaz MR	60mg; 90mg
					Dyna Gliclazide SR	30mg
					Gliclazide MR Austell	30mg; 60mg
					Gliclazide Unicorn MR	30mg
					Gluctam MR	60mg
					Glytab MR	30mg
	R200	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone	15mg; 30mg
					Pioglitazone hydrochloride Macleods	15mg; 30mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
					Myoprin	100mg
	R200	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active	(Not available on KeyCare plans)
					Accu check test strip glucose instant	(Not available on KeyCare plans)
					Glucocheck key test strip	
					Glucocheck test strip	(Not available on KeyCare plans)
Onetouch select plus test strips						
Test strip blood glucose clicks bionime gs550						
Test strip freestyle optium glucose					(Not available on KeyCare plans)	
Test strip glucocheck connectt					(Not available on KeyCare plans)	
Test strip glucose blood fora 6					(Not available on KeyCare plans)	
Test strip glucose caresens n 29g	(Not available on KeyCare plans)					



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 2	R200	R200	Blood glucose monitoring agents	Glucose strips	Test strip glucose contour plus (Not available on KeyCare plans)
					Test strip glucose contour ts (Not available on KeyCare plans)
					Test strip glucose fora diamond blood
					Test strip glucose vivachek ino
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
					Lancet fora tender needle sterile 33g
					Lancet freestyle test
					Lancet glucocheck novicheck
					Lancet solus v2
					Lancet unilet sterile 28g
					Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Needles	Microlet lancet
					BD micro fine plus pen needle 30g 8mm
					BD micro fine plus pen needle 31g
					BD micro fine plus pen needle 32g 4mm
					Droplet pen needle 8mm 31g
					Needle insulin fora pen 31g 5mm
					Needle insulin fora pen 31g 8mm
					Needle insulin fora pen 32g 4mm
Syringes	Needle insulin fora pen 32g 6mm				
	Needle insulin pen verifine 4mmx10cmx15cm 32g				
	Needle insulin pen verifine 4mmx10cmx15cm 33g				
	Needle novofine				
Syringes	Syringe insulin 1.0ml with 27g needle				
	Syringe insulin bd microfine 12.7mm 1ml 9g				
	Syringe insulin bd microfine 1ml 8mm 30g				
	Syringe insulin bd microfine 8mm demi 0.3ml 30g				
Dysrhythmia	R620	R680	Anti-arrhythmics: class Ic	Flecainide	Tambacor 100mg (Not available on KeyCare plans)



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Dysrhythmia	R620	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor CR 100mg; 200mg (Not available on KeyCare plans)
	R370	R370	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Sotalol	Sotahexal 80mg; 160mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Bisbeta 5mg; 10mg
Emcor 5mg; 10mg					
Presicard 5mg; 10mg					
R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R245	R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg	
				Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R300	R300	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
					Tegretol CR 200mg; 400mg
					Zeptol 200mg
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
					Convulex syrup 250mg/5ml
Epilim crushable 100mg					



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Epilepsy	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Epilim sugar-free syrup 200mg/5ml
					Eprolep CR 200mg; 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
	R110	R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
					Epitec 25mg; 50mg; 100mg; 200mg
					Girotec 50mg; 100mg; 200mg
					Serinem 25mg; 50mg; 100mg; 200mg
				Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
					Epikepp 250mg; 500mg; 750mg
					Levetiracetam Unicorn 250mg; 750mg
					Redilev 250mg; 500mg; 750mg
				Topiramate	Epimate 25mg; 50mg; 100mg; 200mg
					Toplep 25mg; 50mg; 100mg; 200mg
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
Glaucoma	R200	R210	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%
					Trusopt 5ml owi 2% (Only Executive and Comprehensive plans)
	R210	R210	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 2.5ml 0.01% (Only Executive and Comprehensive plans)
					Latanoprost
				Spersatan 2.5ml 50mcg/1ml	
				Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml (Only Executive and Comprehensive plans)
				Travoprost	Travatan 2.5ml 0.004% (Only Executive and Comprehensive plans)
	R210	R210	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
					Brimoct 5ml 2mg/1ml



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Glaucoma	R105	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml	0.5%
					Timoptol-xe 2.5ml	0.5%
	R250	R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml	
					Brimoct co 5ml	2mg/5mg
					Co-Atana 2.5ml	
					Combigan 5ml	2mg/5mg
					Cosopt 5ml	0.5%
					(Only Executive and Comprehensive plans)	
					Duotrav 2.5ml	
					Ganfort 3ml	
					Glaumide-co 5ml	
					Glauropt co 5ml	
					(Not available on KeyCare plans)	
Ocudor co 5ml						
Xalacom 2.5ml						
(Only Executive and Comprehensive plans)						
Haemophilia	R5	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket	500mg
					Adco-Prolief	500mg
					Cetapon	500mg
	R245	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Fibtin	500mg
	R50 000	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII	300U; 500U; 1000U
					Octanate vial 5ml	250U
				Octanate vial 10ml	500U; 1000U	
				Coagulation factor IX	Haemosolvex IX	500U
	Octanine F vial 30ml	250U; 500U; 1000U				
	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn	0.1mg; 0.2mg
Ddavn nasal spray 5ml					0.1mg/1ml	
Hyperlipidaemia	R175	R185	Lipid modifying agents: Combinations	Atorvastatin, Amlodipine and Perindopril	Triveram 10/5/5mg; 20/5/5mg; 20/10/5mg; 20/10/10mg; 40/10/10mg	(Not available on KeyCare plans)
	R335	R335	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen	40/160mg



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Hyperlipidaemia	R275	R275	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg	
					Sandoz Bezafibrate 400mg	
	R45	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg	
					Aspavor 10mg; 20mg; 40mg	
					Astor 10mg; 20mg; 40mg	
					Cholmin 10mg; 20mg; 40mg	
					Dezzolip 10mg; 20mg; 40mg; 80mg	
					Dynator 10mg; 20mg; 40mg; 80mg	
					Lipogen 10mg; 20mg; 40mg; 80mg	
					Vasmak 10mg; 20mg; 40mg; 80mg	
					Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
						Austell-Simvastatin 10mg; 20mg; 40mg
						Choleste 10mg; 20mg; 40mg
						Cipla-Simvastatin 10mg; 20mg; 40mg
Simvacor 10mg; 20mg; 40mg						
Simvotin 10mg; 20mg; 40mg						
Hypertension	R130	R130	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg	
					Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg	
					Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg	
	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
					Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg		
				Lisoretic 10/12.5mg; 20/12.5mg		
				Lisozide 10/12.5mg; 20/12.5mg		
				Perindopril and diuretics	Ciplasyl Plus 4/1.25mg	
					Circator Plus 4/1.25mg	
					Pearinda Plus 4/1.25mg; 8/2.5mg	
					Perindopril co Unicorn 4/1.25mg	
					Prexum 5 Plus 5/1.25mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R80	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Prexum 10 Plus 10/2.5mg (Not available on KeyCare plans)
					Spec-Perindopril Plus 4/1.25mg
					Trexeva Plus 5/1.25mg
					Vectoryl Plus 4/1.25mg
	R180	R190	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg (Not available on KeyCare plans)
					Perindopril and Bisoprolol Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on KeyCare plans)
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 5mg; 10mg; 20mg
					Hypace 5mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
					Austell-Lisinopril 10mg; 20mg
					Liso 5mg; 10mg; 20mg
					Lizro 5mg; 10mg; 20mg
Sinopren 5mg; 10mg; 20mg					
Perindopril				Ciplasyl 4mg (Not available on KeyCare plans)	
	Circator 4mg; 8mg (Not available on KeyCare plans)				
	Pearinda 4mg; 8mg (Not available on KeyCare plans)				
	Perindopril Unicorn 4mg; 8mg (Not available on KeyCare plans)				
	Prexum 10mg (Not available on KeyCare plans)				
	Ran-Perindopril 4mg (Not available on KeyCare plans)				
	Reprex 4mg; 8mg				
Spec-Perindopril 4mg; 8mg (Not available on KeyCare plans)					



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R65	R75	ACE inhibitors: Plain	Perindopril	Vectoryl 4mg; 8mg (Not available on KeyCare plans)
					Zyace 4mg (Not available on KeyCare plans)
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
					Rubitrend 12.5mg; 25mg
	R165	R200	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Arlozyb 5/160mg; 10/160mg (Not available on KeyCare plans)
					Calsar 5/80mg; 5/160mg; 10/160mg (Not available on KeyCare plans)
					Dafiro 5/160mg; 10/160mg (Not available on KeyCare plans)
					Gemvalaz 5/160mg; 10/160mg (Not available on KeyCare plans)
					Tensoforj 5/160mg; 10/160mg (Not available on KeyCare plans)
					Valduo 5/160mg; 10/160mg (Not available on KeyCare plans)
					Valvasc 5/160mg; 10/160mg (Not available on KeyCare plans)
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
Hylokat 50/12.5mg; 100/25mg					
Losaar Plus 50/12.5mg; 100/25mg					
Losartan comp Biotech 50/12.5mg; 100/25mg					
Sartoc-co 50/12.5mg; 100/25mg					
Zartan co 50/12.5mg; 100/25mg					
Telmisartan and diuretics				Co-Telza 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)	
				Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)	
				Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R90	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
	R180	R215	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Regoval co 160/25mg (Only Executive and Comprehensive plans)
					Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg (Only Executive and Comprehensive plans)
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on KeyCare plans)
					Trobet 150mg; 300mg (Not available on KeyCare plans)
				Losartan	Annin 50mg; 100mg
					Austell Losartan 50mg; 100mg
					Losartan Accord 50mg; 100mg (Not available on KeyCare plans)
					Losartan Macleods 50mg; 100mg (Not available on KeyCare plans)
					Zaario 50mg; 100mg (Not available on KeyCare plans)
					Zartan 50mg; 100mg (Only Executive and Comprehensive plans)
	Valsartan	Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans)			
		Niosar 80mg; 160mg (Not available on KeyCare plans)			
R200	R200	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg	
				Urodoxa 4mg	
R170	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg	
				Mylan Methyldopa 250mg	
R35	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Emcor 5mg; 10mg
					Presicard 5mg; 10mg
	R125	R125	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
					Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Catexan 2.5mg
					Cipla-Indapamide 2.5mg
R120	R120	Potassium sparing agents	Spirolactone	Spiractin 25mg	
R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
				Ultipot 600mg	
R245	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg	
			Verapamil	Verahexal 240 SR 240mg	
				Verapamil 40 Oethmaan 40mg	
R90	R90	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg	
				Amlodac 5mg; 10mg	
				Amlodipine Unicorn 5mg; 10mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R90	R90	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amtas 5mg; 10mg
					Aprate 5mg; 10mg
					Austell-Amlodipine 5mg; 10mg
					Besyloc 5mg; 10mg
					Ciplavasc 5mg; 10mg
					Lomanor 5mg; 10mg
				Felodipine	Felodipine Kiara 5mg; 10mg (Only Executive and Comprehensive plans)
				Nifedipine	Cipalat Retard 20mg
					Cipalat XR 30mg, 60mg (Not available on KeyCare plans)
					Fedoloc SR 30mg, 60mg (Not available on KeyCare plans)
Fidocare XL 30mg, 60mg (Not available on KeyCare plans)					
Hypothyroidism	R35	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R95	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell 10mg
					Amitriptyline HCl Kiara 25mg
					Gulf Amitriptyline 25mg
					Trepiline 10mg
	R225	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
					Oxyrest 5mg
	R7 700	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
					Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
					Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
					Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml					
Interferon Beta-1B				Betaferon pre-filled syringe 1ml 9600000U/1ml	
Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml 125mcg/0.5ml				



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Multiple sclerosis	R1 250	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
Trolic 5mg					
Parkinson's disease	R295	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R505	R505	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
					Pexasp 0.125mg; 0.25mg; 1mg
	R280	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R480	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
					Rasapar 1mg
R580	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg	
				Teva Carbi-Levo 25/100mg; 25/250mg	
Rheumatoid arthritis	R60	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
					A-Lennon Diclofenac 25mg; 50mg
					Diclofenac Biotech 25mg
					Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg
	R60	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
					Coxflam 7.5mg
					Flexocam 7.5mg
	R60	R60	Anti-inflammatory agents: Oxicams	Piroxicam	Medoxicam 7.5mg
					Pyrocaps 20mg
	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Roxifen 20mg
					Betaprofen 200mg
	Betaprofen FC 400mg				



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Rheumatoid arthritis	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Bren	400mg
					Ibucine	200mg; 400mg
					Ibunate	200mg
					Ibusor	200mg
				Naproxen	Napinfram	250mg
				Naprosript	250mg	
	R110	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine	200mg
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
					Folic acid	5mg
	R980	R980	Intestinal anti-inflammatories: Aminosalicilylic acid and similar agents	Sulfasalazine	Salazopyrin	500mg
					Salazopyrin EN	500mg
	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg
					Azathioprine PCH	50mg
Imuran (Only Executive and Comprehensive plans)					50mg	
R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg	
R775	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar	20mg	
				Ravalef	10mg; 20mg	
				Rheumalef	10mg; 20mg	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg	
				Panafcort	5mg	
				Trolic	5mg	
Schizophrenia	R110	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil	20mg
					Citalopram 20 Oethmaan	20mg
					Depramil	20mg
					Recita	20mg
				Escitalopram	Accord Escitalopram	10mg; 20mg
					Dolin	10mg; 20mg



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Schizophrenia	R110	R130	Anti-depressants: SSRI's	Escitalopram	Emerdyne 10mg; 20mg
					Esetam 10mg; 20mg
				Fluoxetine	Deprozan 20mg
					Fluoxetine 20 Oethmaan 20mg
					Prolax 20mg
				Sertraline	Dyna Sertraline 50mg; 100mg
					Serlife 50mg; 100mg
				R290	R385
	Tegretol CR 200mg; 400mg				
	Zeptol 200mg				
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
					Convulex syrup 250mg/5ml
					Epilim crushable 100mg
					Epilim sugar-free syrup 200mg/5ml
					Eprolep CR 200mg; 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
					Epitec 25mg; 50mg; 100mg; 200mg
					Girotec 50mg; 100mg; 200mg
Serinem 25mg; 50mg; 100mg; 200mg					
R160	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg	
R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg	
				Clozapine Oethmaan 25mg; 100mg	
R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Nezolap 5mg; 10mg	
				Oleanz 5mg; 10mg	
				Olexar 5mg; 10mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Schizophrenia	R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Zolanz	5mg; 10mg
					Zylena	5mg; 10mg
	R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil	25mg; 50mg; 100mg
					R295	R295
	Dopaquel	25mg; 100mg; 200mg; 300mg				
	Mylan Quetiapine	25mg; 100mg; 200mg; 300mg				
	Psyquet	25mg; 100mg; 200mg; 300mg				
	Quesara	25mg; 100mg; 200mg; 300mg				
	Truvalin	25mg; 100mg; 200mg; 300mg				
	Zimbiquet	25mg; 100mg; 200mg; 300mg				
	R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol	0.5mg; 1mg
					Fluanxol depot 1ml	20mg
				Zuclopenthixol	Clopixol	2mg; 10mg
					Clopixol depot	200mg
	R270	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip	5mg; 10mg; 15mg
					Abipip ODT	10mg; 15mg
					Apripent	5mg; 10mg; 15mg
					Aprizon	5mg; 10mg; 15mg
					Aridus	10mg; 15mg
					Aripiprazole Mylan	5mg; 10mg; 15mg
Aripiprazole Teva					5mg; 10mg; 15mg	
Arizofy					5mg; 10mg; 15mg	
Priptrin					10mg; 15mg	
Radzil					5mg; 10mg; 15mg	
Thryve					5mg; 10mg	
R360	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia	0.5mg; 1mg; 2mg; 3mg	
				Rispacor	0.5mg; 1mg; 2mg; 3mg	
				Rispide	0.5mg; 1mg; 2mg	
				Zoxadon	0.5mg; 1mg; 2mg; 3mg; 4mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Schizophrenia	R360	R360	Other anti-psychotics: Risperidone	Risperidone	Zoxadon ODT 0.5mg; 1mg; 2mg
Systemic lupus erythematosus (SLE)	R60	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
					A-Lennon Diclofenac 25mg; 50mg
					Diclofenac Biotech 25mg
					Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg
				Indomethacin	Betacin 25mg
					Gulf Indomethacin 25mg
	Methocaps 25mg				
	R60	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
					Coxflam 7.5mg
					Flexocam 7.5mg
					Medoxicam 7.5mg
				Piroxicam	Pyrocaps 20mg
					Roxifen 20mg
	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
					Betaprofen FC 400mg
					Bren 400mg
Ibucine 200mg; 400mg					
Ibunate 200mg					
Ibusor 200mg					
Naproxen				Napinfram 250mg	
				Naprosript 250mg	
R110	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	
R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
				Myoprin 100mg	
R25	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH		
Systemic lupus erythematosus (SLE)	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg	
					Folic acid	5mg	
	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg	
					Azathioprine PCH	50mg	
					Imuran (Only Executive and Comprehensive plans)	50mg	
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg	
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg	
					Panafcort	5mg	
					Trolic	5mg	
	R25	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream	0.1%	
					Topivate cream	0.1%	
					Vari-Betamethasone cream	0.1%	
Ulcerative colitis	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg	
					Folic acid	5mg	
	R980	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol	400mg; 800mg (Not available on KeyCare plans)	
					Asacol suppository (Not available on KeyCare plans)	500mg	
					Mezavant	1200mg	
					Pentasa	500mg	
					Pentasa suppository (Not available on KeyCare plans)	1000mg	
					Sulfasalazine	Salazopyrin	500mg
					Salazopyrin EN	500mg	
	R1 940	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema	0.02mg/1ml (Only Executive and Comprehensive plans)	
	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg	
					Azathioprine PCH	50mg	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Ulcerative colitis	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Imuran 50mg (Only Executive and Comprehensive plans)
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
					Trolic 5mg



The Prescribed Minimum Benefits (PMBs) Chronic Disease List (CDL) Enhanced medicine list for all plan types

The PMB CDL Enhanced medicine list applies to all Discovery Health Medical Scheme plans for the 2023 benefit year. The Chronic Drug Amount (CDA) **does not apply** to the KeyCare and Smart plans.

CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Asthma	R225	R225	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Belair 4mg; 5mg; 10mg (Not available on KeyCare plans)
					Kulair 4mg; 5mg; 10mg (Not available on KeyCare plans)
					Maclutek 4mg; 5mg; 10mg (Not available on KeyCare plans)
					Sintrine 4mg; 5mg; 10mg (Not available on KeyCare plans)
					Topraz 4mg; 5mg; 10mg (Not available on KeyCare plans)
	R535	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
R65	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg	
			Fluticasone	Fluticasone OTC Teva 120 dose (Not available on KeyCare plans) 50mcg	
Cardiac failure	R340	R340	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Duforzig 10mg (Not available on KeyCare plans)
Chronic obstructive pulmonary disease (COPD)	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R385	R385	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler) (Only Executive and Comprehensive plans)
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Only Executive and Comprehensive plans)
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 60 dose 320/9mcg (Only Executive and Comprehensive plans)
					Symbicord turbohaler 120 dose 160/4.5mcg (Only Executive and Comprehensive plans)
R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only Executive and Comprehensive plans)	
R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg	



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic obstructive pulmonary disease (COPD)	R545	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R410	R410	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
					Tiotor 30 inh capsules with zelpHIR inhaler
	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500 (Not available on KeyCare plans)
					Foxair accuhaler 60 dose 50/500 (Only Executive and Comprehensive plans)
					Sereflo DPI 60 dose 50/100; 50/250 (Not available on KeyCare plans)
					Sereflo HFA 120 dose 25/50
					Sereflo HFA 120 dose 25/125; 25/250 (Not available on KeyCare plans)
					Sereflo HFA synchrobreathe 120 dose 25/50
Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 (Not available on KeyCare plans)					
R240	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar elliпта 30 dose 92/22mcg (Only Executive and Comprehensive plans)	
Chronic renal disease	R270	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
					Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Acticlop 75mg (Only Executive and Comprehensive plans)
					Aviolix 75mg
					Clopidogrel Unicorn 75mg (Only Executive and Comprehensive plans)
					Clovexa 75mg
					Deplatt 75mg (Only Executive and Comprehensive plans)
					Pharma Dynamics Clopidogrel 75mg (Only Executive and Comprehensive plans)
					Plagrol 75mg
Diabetes mellitus Type 2	R225	R285	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg (Not available on KeyCare plans)



CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 2	R710	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
					Byetta disposable pen 60 dose 2.4ml 10mcg/dose
	R140	R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg (Not available on KeyCare plans)
					Zomvil 50mg (Not available on KeyCare plans)
	R340	R340	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Duforzig 10mg (Not available on KeyCare plans)
	Multiple sclerosis	R6 160	R6 160	Cytokines and immunomodulators - Other	Glatiramer Acetate
R6 160		R6 160	Selective immunosuppressive agents	Fingolimod	Myelenea 0.5mg
				Teriflunomide	Aubagio 14mg
					Aubamide 14mg
					Teriflunomide 14 Teva 14mg
Rheumatoid arthritis	R60	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celebrex 100mg; 200mg (Not available on KeyCare plans)
					Colcibra 100mg; 200mg (Not available on KeyCare plans)
					Coxep 100mg; 200mg (Not available on KeyCare plans)
					Coxleon 100mg; 200mg (Not available on KeyCare plans)
					Vexicop 100mg; 200mg (Not available on KeyCare plans)
					Systemic lupus erythematosus (SLE)
Systemic lupus erythematosus (SLE)	R60	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Colcibra 100mg; 200mg (Not available on KeyCare plans)
					Coxep 100mg; 200mg (Not available on KeyCare plans)
					Coxleon 100mg; 200mg (Not available on KeyCare plans)
					Vexicop 100mg; 200mg (Not available on KeyCare plans)
					Vexicop 100mg; 200mg (Not available on KeyCare plans)



Monthly limit amounts for diabetes consumables

The monthly limit amounts below apply to the consumables for continuous glucose monitors and insulin pumps for the management of Diabetes mellitus Type 1. **Not available on KeyCare plans**

CHRONIC DISEASE LIST CONDITION	MONTHLY LIMIT AMOUNT	SURGICAL CLASS
Diabetes mellitus Type 1	R1 560	Continuous glucose monitoring sensors (Only Executive and Comprehensive plans)
	R1 560 (for members < 18 years)	Continuous glucose monitoring sensors (Only Priority, Saver, Smart and Core plans)
	R780 (for members ≥ 18 years)	
	R1 610	Insulin pump reservoirs and infusion sets (Only Executive and Comprehensive plans)



Chronic Drug Amounts for the Executive and Comprehensive plans covered for Additional Disease List (ADL) conditions.

The Chronic Drug Amounts (CDAs) below apply to the Executive and Comprehensive plans, except the Classic Smart Comprehensive Plan, for ADL conditions.

ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Ankylosing spondylitis	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R10	Folic acid and derivatives
	R980	Intestinal anti-inflammatories - Aminosalicylic acid and similar agents
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R775	Selective immunosuppressive agents - Leflunomide
	R270	Systemic Corticosteroids - Betamethasone
Behcet's disease	R360	Alkylating agents - Nitrogen mustard analogues
	R660	Other immunosuppressive agents - Azathioprine
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Cystic fibrosis	R205	Adrenergics - Long acting - Salmeterol
	R40	Adrenergics - Short acting - Salbutamol
	R27 000	Anti-bacterial agents, Systemic - Aminoglycosides
	R485	Anti-bacterial agents, Systemic - Macrolides
	R455	Anti-bacterial agents, Systemic - Other
	R345	Anti-bacterial agents, Systemic - Penicillins
	R140	Anti-bacterial agents, Systemic - Quinolones
	R60	Anti-bacterial agents, Systemic - Sulfonamides
	R440	Anti-fungal agents, Systemic
	R7 296	Digestive enzymes



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Cystic fibrosis	R300	Drugs for constipation
	R245	Mucolytics
	R650	Nutritional supplements
	R110	Other plain vitamin preparations
	R110	Potassium supplements
	R100	Sodium Chloride for nebulisation
	R270	Systemic Corticosteroids - Betamethasone
	R365	Vitamin D and analogues
Delusional disorder	R295	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R400	Anti-psychotics - Phenothiazines with aliphatic side-chain
	R340	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Dermatopolymyositis	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Generalised anxiety disorder	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Generalised anxiety disorder	R340	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Huntington's disease	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R300	Anti-epileptics - Benzodiazepine derivatives
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R110	Anti-epileptics - Hydantoin derivatives
	R335	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R345	Anti-psychotics - Lithium
	R400	Anti-psychotics - Phenothiazines with aliphatic side-chain
	R340	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Isolated growth hormone deficiency in children under 18 years	R11 850	Anterior Pituitary hormones - Somatropin and somatropin agonists



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Major depression	R295	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R110	Anti-epileptics - Hydantoin derivatives
	R335	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R360	Anti-psychotics - Benzamides
	R345	Anti-psychotics - Lithium
	R650	Anti-psychotics - Thioxanthene derivatives
	R340	Other anti-depressants - Augmenters - Trazodone
	R250	Other anti-depressants - Melatonergic agents - Agomelatine
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine	
R410	Other anti-depressants - Vortioxetine	
Motor neurone disease	R95	Anti-depressants - Tricyclics
	R300	Anti-epileptics - Benzodiazepine derivatives
	R440	Muscle relaxants - Carbamic acid esters
	R6 230	Other nervous system drugs
Muscular dystrophy and other inherited myopathies	R300	Anti-epileptics - Benzodiazepine derivatives
	R440	Muscle relaxants - Carbamic acid esters
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Myasthenia gravis	R360	Alkylating agents - Nitrogen mustard analogues
	R10	Folic acid and derivatives



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Myasthenia gravis	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R2 300	Parasympathomimetics - Anticholinesterases
	R110	Potassium supplements
	R2 460	Selective immunosuppressive agents - Mycophenolic acid
	R270	Systemic Corticosteroids - Betamethasone
Obsessive compulsive disorder	R295	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R110	Anti-epileptics - Hydantoin derivatives
	R335	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R345	Anti-psychotics - Lithium
	R340	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Osteoporosis	R575	Anti-parathyroid agents - Calcitonin preparations
	R320	Drugs treating bone disorders - Bisphosphonates
	R320	Other drugs treating bone disorders
	R800	Selective estrogen receptor modulators
Paget's disease	R320	Drugs treating bone disorders - Bisphosphonates
Panic disorder	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Panic disorder	R95	Anti-depressants - Tricyclics
	R340	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Polyarteritis nodosa	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R980	Intestinal anti-inflammatories - Aminosalicylic acid and similar agents
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Post traumatic stress disorder	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R340	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Psoriatic arthritis	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Psoriatic arthritis	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R980	Intestinal anti-inflammatories - Aminosalicylic acid and similar agents
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
R270	Systemic Corticosteroids - Betamethasone	
Pulmonary interstitial fibrosis	R205	Adrenergics - Long acting - Salmeterol
	R40	Adrenergics - Short acting - Salbutamol
	R360	Alkylating agents - Nitrogen mustard analogues
	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R260	Inhaled anticholinergics - Ipratropium bromide
	R190	Inhaled Glucocorticoids
	R980	Intestinal anti-inflammatories - Aminosalicylic acid and similar agents
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Sjogren's syndrome	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Sjogren's syndrome	R110	Anti-rheumatic agents - Chloroquine
	R110	Other immunosuppressive agents - Methotrexate
	R100	Other urologicals
	R270	Systemic Corticosteroids - Betamethasone
Systemic sclerosis	R360	Alkylating agents - Nitrogen mustard analogues
	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R2 185	Anti-metabolites - Purine analogues
	R110	Anti-rheumatic agents - Chloroquine
	R1 300	Anti-rheumatic agents - Penicillamine and similar agents
	R10	Folic acid and derivatives
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R190	Proton pump inhibitors
	R90	Selective calcium channel blockers with mainly vascular effects
R270	Systemic Corticosteroids - Betamethasone	



Contact us

Tel 0860 99 88 77 (members); 0860 44 55 66 (health partners)

Go to www.discovery.co.za to Get Help or ask a question on WhatsApp. Save this number 0860 756 756 on your phone and say "Hi" to start chatting with us 24/7.

PO Box 784262, Sandton, 2146. 1 Discovery Place, Sandton, 2196.

Complaints process

Discovery Health Medical Scheme is committed to providing you with the highest standard of service and your feedback is important to us. The following channels are available for your complaints and we encourage you to follow the process:

1 | Step 1 – To take your query further:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on our website at www.discovery.co.za. We would also love to hear from you if we have exceeded your expectations.

2 | Step 2 – To contact the principal officer:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on our website at www.discovery.co.za or by emailing principalofficer@discovery.co.za.

3 | Step 3 – To lodge a dispute:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information on the Scheme's dispute process on the website.

4 | Step 4 – To contact the Council of Medical Schemes:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | complaints@medicalschemes.co.za
0861 123 267 | www.medicalschemes.co.za