



# AFFORDABLE PLANS

COVER STARTING FROM AS LITTLE AS **R1 498** PER MONTH A WIDE RANGE OF PLANS TO SUIT THE NEEDS OF ALL SOUTH AFRICANS



### **MOTHER AND CHILD CARE** BENEFIT

Benefits to give expectant moms and their little ones the best possible start

+ COMPREHENSIVE MATERNITY PROGRAMME





## **BENEFIT BOOSTER\* UP TO R5 000**

to use for out-of-hospital claims

## **BE BETTER** BENEFIT

Additional benefits for wellness and preventative care for all life stages

## **DEPENDANTS UP TO AGE 24 YEARS PAY CHILD RATES**

Only pay for a maximum of 3 children\*\*



#### ..... **BONITAS SOS - 0860 555 505**

24/7 medical emergency support when you need it. Request an ambulance on our app or website and track its location in real-time!

#### FREE ONLINE HEARING SCREENING

Available to anyone over 18 at www.bonitas.co.za

#### **BABYLINE - 0860 999 121**

A 24/7 advice line available on all Bonitas plans for parents with toddlers



<sup>\*</sup>After completing a wellness screening or online wellness questionnaire All benefits subject to approval by the Council for Medical Schemes.

<sup>\*\*</sup>Plan dependent



# EXTENSIVE CARE PROGRAMMES\*\* FOR ALL LIFE STAGES







- MENTAL HEALTH + DEPRESSION BENEFIT
- HEARING LOSS MANAGEMENT
- BACK AND NECK
- DIABETES MANAGEMENT
- CANCER + UNLIMITED COVER FOR PMBs
- HIV/AIDS
- HIP AND KNEE
- HOSPITAL-AT-HOME
- WEIGHT MANAGEMENT



- NEW GERIATRIC CARE
  - FEMALE HEALTH

# MAKE THE MOST OF YOUR BONITAS MEMBERSHIP

WITH THE MEMBER INFORMATION HUB ON OUR WEBSITE!

We know that medical aid can be confusing at times, but we've made it easy for you to quickly access essential medical aid information. And there is no need to log in, just info at the click of a button, like:

- How to get your claims paid quickly
- Effortlessly getting hospital authorisations
- Registering your chronic medicine
- Accessing our Maternity Programme
- Getting more benefits with the Benefit Booster
- Going for a free wellness screening
- And much more...

#### NEW

You can also make use of the new "Quick find" search function on our website to quickly find answers to frequently asked medical aid-related questions!

## New for 2025\*\*

- Antenatal vitamins during pregnancy
- Blood pressure monitors
- Consultations with Diabetes
   Nurse Educators
- Vision screening tests for premature newborns
- Enhanced Maternity Programme
- Enhanced Mother and Child Care benefit
- PET scans through our Oncology Management Programme

\*\*Plan dependent